

objective

To provide current and clinical information for the treatment of the hand and upper extremity through lectures, and anatomical demonstrations

Location

Health Science Building
1959 NE Pacific Street
Hogness Auditorium
4th Floor, Room A-420

Surgical Anatomy Demonstrations

Real time cadaveric demonstrations

Lecture Sessions

Functional Anatomy and Contracture
Dupuytren's Contracture
Wrist and Hand Arthritis
Open Forum Cadaveric Session

Guest Lecturer

John M. Agee, MD
Hand Biomechanics Lab
Karen Schultz-Johnson
MS, OTR, FAOTA, CHT

University of Washington Physicians

Chris Allan, MD
Amirhesam Ehsan, MD
Eugene Farnig, MD
Jeff Friedrich, MD
Douglas Hanel, MD
Jerry Huang, MD
Peter Kim, MD
Daniel Marek, MD
Nicholas Vedder, MD

University of Washington Therapists

Carol Recor, OTR/L, CHT
Aaron Shaw, OTR/L, CHT

University of Washington School of Medicine
Department of Orthopaedics & Sports Medicine
UW Hand & Upper Extremity Course
4245 NE Roosevelt Way, Box 35-4740
Seattle, WA 98105-6008



Management of Upper Extremity Conditions Leading to Stiff Joints

COURSE FOR THERAPISTS

April 23, 2011

UW Medicine
ORTHOPAEDICS AND
SPORTS MEDICINE

www.orthop.washington.edu
www.uwhand.com

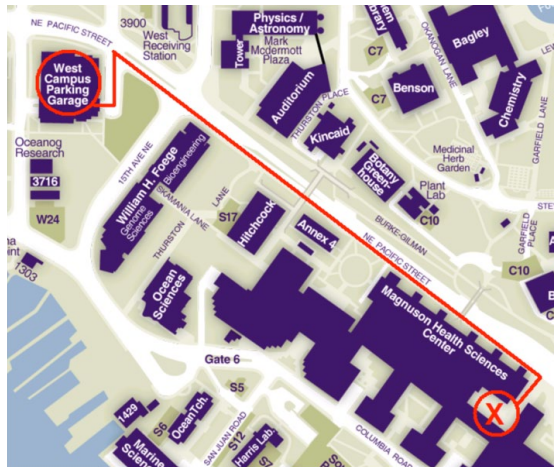
parking & directions

schedule

registration

Saturday April 23, 2011
7:00 am - 5:00 pm

Cost of registration prior to April 5, 2011 \$150
Cost of registration after April 5, 2011 \$170



PLEASE NOTICE UPDATED PARKING INFORMATION:

Take the I-5 N, 45th Street exit. Turn east onto 45th Street, and then turn right on Brooklyn. Continue through Pacific Street and the garage entrance is on your left. Tell the parking attendant you have pre-registered parking for the Hand & Upper Extremity Course.

Walk a few blocks east on Pacific Street to reach Hogness Auditorium. Enter the Health Sciences Building — registration tables will be set up in the lobby.

- 7:15-8:00 Continental Breakfast provided Registration & Introduction
- Session I Functional Anatomy & Contracture**
- 8:00-8:10 Hand Anatomy
- 8:10-8:25 Tendon Biomechanics
- 8:25-9:10 Principles of Digit Widget & Joint Contractures
- 9:10-9:35 Cadaveric Session: Contracture Release, Anatomy
- 9:35-10:20 Therapy Principles for Joint Stiffness/Static Progressive Splinting

10:20-10:30 BREAK

Session II Dupuytren's Contracture

- 10:30-11:00 Overview of Dupuytren's Contracture & Open Release
- 11:00-11:05 Video of Open Release
- 11:05-11:20 Needle Aponeurotomy with Video
- 11:20-11:35 Medical Treatment Dupuytren's
- 11:35-12:05 Therapy Following Dupuytren's Release

12:05-1:00 LUNCH (provided)

Session III Arthritis

- 1:00-1:20 Thumb CMC Arthritis
- 1:20-1:40 Hand Arthritis (MCP, PIP, DIP)
- 1:40-2:10 Cadaveric Session (PIP Arthroplasty, LRTI)
- 2:10-2:30 Therapy for Thumb and Finger Arthroplasty

2:30-2:40 BREAK

Session IV

- 2:40-3:10 Basic Science of Carpal Tunnel
- 3:10-3:30 DRUJ Arthritis
- 3:30-3:50 Forearm Stiffness
- 3:50-4:20 Therapy for Forearm Stiffness and DRUJ
- 4:20-5:00 Cadaveric Session (Open Forum)

Questions & Answers

Course Evaluations

Therapist PA-C

(Please print clearly—will be used for name tag)

NAME _____

THERAPIST TYPE _____

ADDRESS _____

EMAIL _____

Checks should be made out to:
University of Washington

and mailed to:

Trixie Rombouts
4245 NE Roosevelt Way, Box 354740
Seattle, WA 98105-6008

PHONE: 206-598-0395

EMAIL: uwhand@uw.edu

The University of Washington School of Medicine designates this educational activity for a maximum of 8.0 CEU's.

SPECIAL SERVICES

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VOICE: 206-543-6450 TTY: 206-543-6452 FAX: 206-685-7264
EMAIL: dso@u.washington.edu

**REGISTRATION DUE BY APRIL 5th
NO DAY OF REGISTRATION PLEASE**