objective

To provide current and clinical information for the treatment of the hand and upper extremity through lectures, and anatomical demonstrations

Location
Health Science Building
1959 NE Pacific Street
Hogness Auditorium
4th Floor, Room A-420

Surgical Anatomy Demonstrations
Real time cadaveric demonstrations

Lecture Sessions
Functional Anatomy and Contracture
Dupuytren’s Contracture
Wrist and Hand Arthritis
Open Forum Cadaveric Session

Guest Lecturer
John M. Agee, MD
Hand Biomechanics Lab
Karen Schultz-Johnson
MS, OTR, FAOTA, CHT

University of Washington Physicians
Chris Allan, MD
Amirhesam Ehsan, MD
Eugene Farring, MD
Jeff Friedrich, MD
Douglas Hanel, MD
Jerry Huang, MD
Peter Kim, MD
Daniel Marek, MD
Nicholas Vedder, MD

University of Washington Therapists
Carol Recor, OTR/L, CHT
Aaron Shaw, OTR/L, CHT

“I ain’t broke but I’m badly bent.”

Management of Upper Extremity Conditions Leading to Stiff Joints
COURSE FOR THERAPISTS
April 23, 2011
PLEASE NOTICE UPDATED PARKING INFORMATION:

Take the I-5 N, 45th Street exit. Turn east onto 45th Street, and then turn right on Brooklyn. Continue through Pacific Street and the garage entrance is on your left. Tell the parking attendant you have pre-registered parking for the Hand & Upper Extremity Course.

Walk a few blocks east on Pacific Street to reach Hogness Auditorium. Enter the Health Sciences Building — registration tables will be set up in the lobby.

Parking & Directions

Schedule

Saturday April 23, 2011
7:00 am – 5:00 pm

7:15-8:00  Continental Breakfast provided Registration & Introduction

Session I Functional Anatomy & Contracture
8:00-8:10  Hand Anatomy
8:10-8:25  Tendon Biomechanics
8:25-9:10  Principles of Digit Widget & Joint Contractures
9:10-9:35  Cadaveric Session: Contracture Release, Anatomy
9:35-10:20  Therapy Principles for Joint Stiffness/Static Progressive Splinting

10:20-10:30 BREAK

Session II Dupuytren’s Contracture
10:30-11:00  Overview of Dupuytren’s Contracture & Open Release
11:00-11:05  Video of Open Release
11:05-11:20  Needle Aponeurotomy with Video
11:20-11:35  Medical Treatment Dupuytren’s
11:35-12:05  Therapy Following Dupuytren’s Release

12:05-1:00 LUNCH (provided)

Session III Arthritis
1:00-1:20  Thumb CMC Arthritis
1:20-1:40  Hand Arthritis (MCP, PIP, DIP)
1:40-2:10  Cadaveric Session (PIP Arthroplasty, LRTI)
2:10-2:30  Therapy for Thumb and Finger Arthroplasty

2:30-2:40 BREAK

Session IV
2:40-3:10  Basic Science of Carpal Tunnel
3:10-3:30  DRUJ Arthritis
3:30-3:50  Forearm Stiffness
3:50-4:20  Therapy for Forearm Stiffness and DRUJ
4:20-5:00  Cadaveric Session (Open Forum)

Questions & Answers

Course Evaluations

Registration

Cost of registration prior to April 5, 2011  $150
Cost of registration after April 5, 2011  $170

Therapist  PA-C
(Please print clearly—will be used for name tag)

NAME
THERAPIST TYPE
ADDRESS
EMAIL

Checks should be made out to:
University of Washington
and mailed to:
Trixie Rombouts
4245 NE Roosevelt Way, Box 354740
Seattle, WA 98105-6008

PHONE: 206-598-0395
EMAIL: uwhand@uw.edu

The University of Washington School of Medicine designates this educational activity for a maximum of 8.0 CEU’s.

SPECIAL SERVICES
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EMAIL: dso@u.washington.edu

REGISTRATION DUE BY APRIL 5th
NO DAY OF REGISTRATION PLEASE