



# UW Medicine

ORTHOPAEDICS  
AND SPORTS MEDICINE

## 2020-2021

### Foot & Ankle Fellowship





# University of Washington/Harborview Medical Center

## Department of Orthopaedics & Sports Medicine

### Foot & Ankle Service

The University of Washington/Harborview Medical Center offers a one-year, in-depth Advanced Clinical Experience (ACE) including patient care, teaching, and research activities related to foot and ankle reconstruction, sports injury, and traumatology. The weekly experience includes office practice, operating room, teaching conferences, and research time. Call expectations are light and variable. Each ACE is expected to complete one scientific and one clinical research project during the year. ACEs may have 22 working days off for personal vacation, interviews, and academic meetings. The program has trained 80 surgeons over the past 27 years, many who have gone on to win recognition in the AOFAS, the Orthopaedic Research Society, and the AAOS and who are leaders in the AOFAS today. The alumni group maintains communication and shares experiences.



(From left: 2017-2018 Foot ACEs, Dr. Benirschke, Dr. Hansen and Dr. Sangeorzan at the 2018 ACE/Fellows Graduation Dinner)



From left: Dr. Grimsrud (2017-2018 Foot ACE), Dr. Brage, and Dr. Ibrahim (2017-2018 Chief Resident)



(2017-2018 Foot ACEs. From left: Dr. Clayton Carmody, Dr. Courtney Grimsrud, Dr. Travis Wilson)



(Front: 2016-2017 ACEs Dr. Nicole Zappa, Dr. Lea Gunnell, Dr. Bryan Monier. Back: Dr. Sangeorzan, Dr. Brage, Dr. Hansen, and Dr. Benirschke)

# Foot & Ankle Fellowship Faculty

## **Program Director: Bruce Sangeorzan, MD**



Professor of Orthopaedics & Sports Medicine, University of Washington School of Medicine  
Director, RR&D Center for Excellence in Limb Loss Prevention and Prosthetic Engineering,  
Veterans Affairs

Dr. Bruce Sangeorzan is a specialist at the Sigvard T. Hansen Jr. Foot and Ankle Institute, the Director of the VA Center Of Excellence in Limb Loss Prevention and Prosthetic Engineering, and professor in the University of Washington Department of Orthopaedics and Sports Medicine.

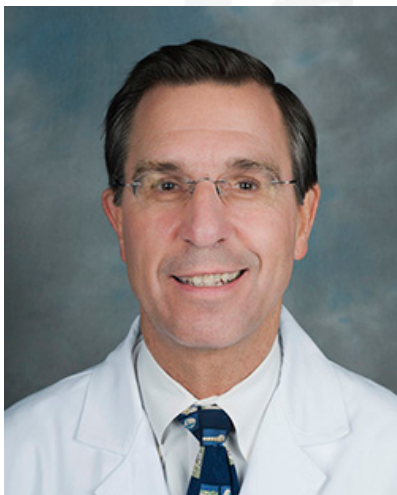
Dr. Sangeorzan earned his bachelor of science degree from the University of Michigan and doctor of medicine degree from Wayne State University in Detroit where he also completed his residency before coming to the University of Washington for a fellowship in orthopedic traumatology and a second in foot and ankle reconstruction.

He has received the Resident Teaching Award, the OREF Clinical research award, The Mann Award for clinical research, the AMSUS Award for contributions to military care, and the Paul Magnusson Award for sustained contribution to clinical research for veterans' care.

### Clinical Interests

- deformities of the foot and ankle
- sports injuries or major trauma to the feet and/or ankles
- arthritis
- disorders of the ligaments and tendons.

## **Stephen Benirschke, MD**



Professor of Orthopaedics & Sports Medicine, University of Washington School of Medicine  
Jerome H. Debs II Endowed Chair for Orthopaedic Traumatology

Dr. Stephen Benirschke is a graduate of the Case Western Reserve University. Following his training in Orthopaedic Surgery at Case Western he completed a fellowship in at Rätisches Kantons-und Regional Hospital in Switzerland.

He started as an Acting Instructor at the University of Washington in 1985 and has been a Professor at the University of Washington since 2000. Presently he is a member of the Resident Selection Committee and the Musculoskeletal Core Course. With a predominant interest in foot and ankle injuries, Dr. Benirschke has published over 45 peer-reviewed articles, 3 book chapters and has presented at numerous medical meetings. He was also the primary investigator on an AO ASIF Research Grant.

He has been honored for his teaching efforts at the University of Washington with the Resident Teaching Award in 1997.

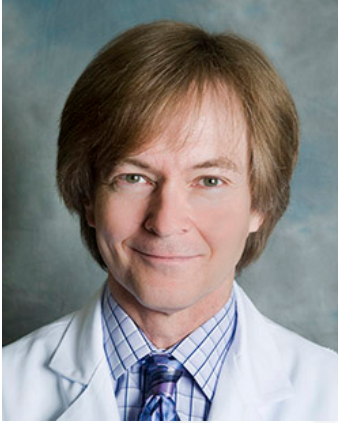
### Clinical Interests

Dr. Benirschke's clinical interests include foot and ankle trauma and reconstruction, articular fractures and other foot and ankle problems.



# Foot & Ankle Fellowship Faculty

## Michael Brage, MD



Associate Professor of Orthopaedics & Sports Medicine, University of Washington School of Medicine

Dr. Brage is an orthopedic foot and ankle surgeon who sees patients at the Sigvard T. Hansen Foot and Ankle Institute at Harborview Medical Center. He treats all disorders of the foot and ankle including arthritis, tendon ruptures, foot and ankle deformities, acute trauma and fractures, repair of nonunions, total ankle replacements and repair of cartilage lesions.

Dr. Brage received his M.D. degree from the University of Illinois, Chicago, where he also did his internship and residency. Dr. Brage is board certified through the American Board of Orthopaedic Surgery

### Patient Care Philosophy

Dr. Brage enjoys the challenge of helping patients with severe foot and ankle deformities, injuries or disease, which limit their ability to lead an active lifestyle. It is rewarding for him to hear from patients following reconstructive or ankle replacement surgery, saying they have been able to resume activities.

## Sigvard T. Hansen Jr., MD



Professor Emeritus of Orthopaedics & Sports Medicine, University of Washington School of Medicine  
Director, Sigvard T. Hansen Jr., Foot and Ankle Institute

Dr. Sigvard T. Hansen Jr. is a graduate of the UW School of Medicine and also completed his residency in orthopaedics here.

He is the “father of modern traumatology”. His innovations of aggressive and expeditious orthopedic care of polytrauma patients revolutionized the field. Dr. Hansen is recognized as a leading expert on complex foot and ankle reconstruction after trauma and for treatment of congenital conditions or deformities caused by disease. His clinical interests include leg trauma; foot and ankle reconstruction; neuromuscular rheumatoid and diabetic deformity; ankle joint replacement; hindfoot, midfoot and forefoot reconstructions; and congenital deformities of leg and foot.

Dr. Hansen prefers to treat complex surgical problems and to get to know patients, their goals and their desires in depth

Dr. Hansen is listed in The Best Doctors in America and is Director of the Sigvard T. Hansen, Jr. Foot & Ankle Institute. He is an editorial board member of the Clinical Orthopedics and Related Research journal, the AO International Board of Directors, Maurice E. Mueller Foundation of North America Board of Directors, Hansen Chair Committee, Board of Directors for Prosthetics Research Study in Seattle, Washington, and Director, Special Teams for Amputations, Mobility, Prosthetics/Orthotics (STAMP) in Seattle, WA.

# Fellowship Specifics

## Foot and Ankle ACE Rotation

	BENIRSCHKE	BRAGE	SANGEORZAN
MONDAY	Harborview Foot & Ankle Clinic	Harborview OR	Harborview OR (every other Monday)
TUESDAY	Harborview OR	Harborview OR	Harborview Foot & Ankle Clinic
WEDNESDAY	Harborview Foot & Ankle Clinic	Harborview OR	Harborview OR
THURSDAY	Harborview OR	Harborview Foot & Ankle Clinic	Harborview Foot & Ankle Morning Fellow Clinic
FRIDAY	Harborview OR	Harborview Foot & Ankle Clinic	Veterans Affairs Hospital OR

# Meet Our Current Foot & Ankle ACEs

**Arash Calafi, MD**



Dr. Calafi received his Doctor of Medicine from the University of California, San Diego School of Medicine in La Jolla, CA. He completed his orthopedic surgery residency at the University of California Davis Medical Center in Sacramento, CA.

**Alexander Sawatzke, MD**



Dr. Sawatzke received his Doctor of Medicine from the University of Iowa Carver College of Medicine in Iowa City, IA. He completed his orthopedic surgery residency at Spectrum/Grand Rapids Medical Education Partners in Grand Rapids, MI.

**Megan Walters, MD**



Dr. Walters received her Doctor of Medicine from the Southern Illinois University School of Medicine in Springfield, IL. She completed her orthopedic surgery residency at the Southern Illinois University School of Medicine in Springfield, IL.

# Foot & Ankle ACE Alumni

2018 - Clayton Carmody, Courtney Grimsrud, Travis Wilson  
2017 - Lea Gunnell, Bryan Monier, Nicole Zappa  
2016 - Brandon King, Garrett Pangrazzi, Cameron Patthanacharoenphon  
2015 - Matthew Beuchel, William Braaksma, Uma Ramadorai  
2014 - Daniel Hoopes, Daniel Thuillier, Joan Williams  
2013 - Calvin Hu, Michael D. Johnson, Nathan Kiewiet  
2012 - Ramces Francisco, James Meeker  
2011 - Kelly Apostle, Scott Holthusen, Monica Zilkoski  
2010 - David Dalstrom, Sarah Hanslow, Benjamin Stevens  
2009 - Jeffrey Henning, Alan Laing, Erik Novak  
2008 - Helen Rawlinson, Tracy Rupke, Ferras Zeni  
2007 - Arash Aminian, Darcy Foral, Angelique Witteveen  
2006 - Christian Hall, Bryan Lapinski, Ian Le  
2005 - Wesley Bevan, Mark Gould, Joel Moore  
2004 - Eric Hansen, John Shank, Michael Swords  
2003 - Mark Dalton, Matthew Roberts, Drew Van Boerum  
2002 - Raad Al-Shaikh, Mathieu Assal, Justin Greisberg  
2001 - Thomas Chi, James Davitt, Adrienne Spirt  
2000 - Alistair Scott Newman, Stephen Pinney  
1999 - Alan Baggoo, Christopher DiGiovanni, Anthony Hinz, Iain Russell  
1998 - David Levine, Eric Malicky, Alastair Younger  
1997 - Michael Aronow, Michael Houghton, Brian Toolan  
1996 - J. Christopher Coetzee, Christopher K. Hebert  
1995 - John G. Anderson, Brett C. Barnes  
1994 - Andrew K. Sands  
1993 - John Early, James Holmes, Lance Macey  
1992 - Michael Brage, Thomas Helpenstell  
1991 - T. Scott Woll  
1990 - Douglas Smith  
1987 - Bruce Sangeorzan



# Contact Information

Harborview Medical Center Orthopaedic Administration Office  
8th Floor, Ninth and Jefferson Building  
908 Jefferson Street  
Seattle, WA 98104

Front Desk: 206-744-3466

Contacts:

Bruce Sangeorzan, MD  
Program Director  
206-744-3466  
bsangeor@uw.edu

Carlie Wolken  
Program Coordinator  
206-744-3658  
cmwolken@uw.edu

Website: [www.orthop.washington.edu](http://www.orthop.washington.edu)

Facebook: [www.facebook.com/UWOrthopaedicsSportsMedicine](https://www.facebook.com/UWOrthopaedicsSportsMedicine)

Twitter: [www.twitter.com/UWOrthopaedics](https://www.twitter.com/UWOrthopaedics)

Youtube: [www.youtube.com/user/HuskyOrthopaedics](https://www.youtube.com/user/HuskyOrthopaedics)