

objective

To provide current and clinical information for the treatment of the hand and upper extremity through lectures and anatomical demonstrations

Location

Health Science Building
1959 NE Pacific Street
Hogness Auditorium
4th Floor, Room A-420

Surgical Anatomy Demonstrations

Real time cadaveric demonstrations

Lecture Sessions

Elbow, Carpal, and DRUJ Instabilities

Guest Lecturer

Richard A. Berger, M.D.
*Professor of Orthopaedics, Mayo Clinic
Chair, American Academy of Orthopaedic Surgeons,
2005-2007
President, American Association for Hand Surgery, 2004*

Susan L. Michlovitz, PT, PhD, CHT
*Cayuga Hand Therapy PT, Ithaca, NY
President-Elect, American Society of Hand Therapists,
2012
Co-editor of 'Modalities for Therapeutic Intervention'*

University of Washington Physicians

Chris Allan, MD
Jeff Friedrich, MD
Douglas Hanel, MD
Jerry Huang, MD
Stephen Kennedy, MD
Jason Ko, MD
Lucie Krenek, MD
Nicholas Vedder, MD
Andrew Watt, MD

University of Washington Therapists

Thomas McClure, PT, CHT
Carol Recor, OTR/L, CHT

University of Washington School of Medicine
Department of Orthopaedics & Sports Medicine
UW Hand & Upper Extremity Course
4245 NE Roosevelt Way, Box 354740
Seattle, WA 98105-6008



Elbow and Wrist Instability

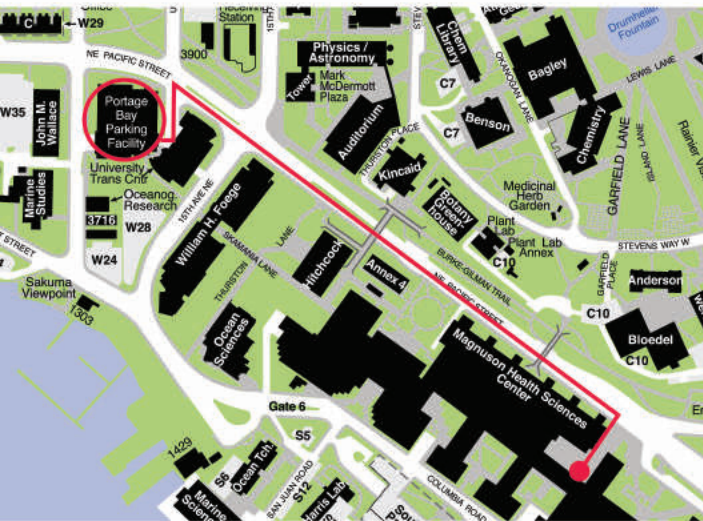
COURSE FOR THERAPISTS

April 21, 2012

UW Medicine
ORTHOPAEDICS AND
SPORTS MEDICINE

www.orthop.washington.edu
www.uwhand.com

parking & directions



PLEASE NOTICE UPDATED PARKING INFORMATION:

Take the I-5 N, 45th Street exit. Turn east onto 45th Street, and then turn right on Brooklyn. Continue through Pacific Street and the garage entrance is on your left. Tell the parking attendant you have pre-registered parking for the Hand & Upper Extremity Course.

Walk a few blocks east on Pacific Street to reach Hogness Auditorium. Enter the Health Sciences Building — registration tables will be set up in the lobby.

schedule

Saturday, April 21, 2012
8:00 am – 5:00 pm

- 7:15-8:00 Course registration – Coffee
- 8:00-8:10 Course introduction

Session I: Elbow Instability

- 8:10-8:30 Elbow Anatomy and Biomechanics
- 8:30-8:50 Athlete's Elbow
- 8:50-9:10 Post-Traumatic Elbow Instability
- 9:10-9:30 Therapy for Elbow Instability
- 9:30-10:00 Anatomy/Q&A

10:00-10:15 BREAK

Session II: Carpal Instability

- 10:15-10:45 Carpal Anatomy and Biomechanics
- 10:45-11:05 Scapholunate Instability
- 11:05-11:25 Perilunate Injuries
- 11:25-11:55 Therapy: When to Mobilize and When to Stabilize
- 11:55-12:25 Anatomy/Q&A

12:25-1:15 LUNCH

- 1:15-1:25 Therapy Outreach – The Guatemala Experience
- 1:25-1:45 Provocative Tests – The Wrist

Session III: DRUJ Instability

- 1:45-2:00 Anatomy and Biomechanics of DRUJ
- 2:00-2:20 Acute DRUJ Instability
- 2:20-2:40 TFCC Injuries

2:40-2:55 BREAK

- 2:55-3:25 Failed DRUJ Reconstruction
- 3:25-3:55 Therapy for DRUJ
- 3:55-4:30 Anatomy/Q&A
- 4:30-5:00 Interactive Cases

Questions & Answers

Course Evaluations

REGISTRATION DUE BY APRIL 7th
NO DAY OF REGISTRATION PLEASE

registration

Early Bird (before March 1st): \$150
Regular (March 1st to April 7th): \$165
Late (after April 7th): \$180

OT CHT PT other _____

(Please print clearly — will be used for name tag)

NAME _____

THERAPIST TYPE _____

ADDRESS _____

EMAIL _____

Checks should be made out to:
University of Washington

and mailed to:
Trixie Rombouts
4245 NE Roosevelt Way, Box 354740
Seattle, WA 98105-6008

PHONE: 206-598-0395
EMAIL: uwhand@uw.edu

The University of Washington School of Medicine designates this educational activity for a maximum of 8.0 CEU's.

SPECIAL SERVICES

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