

## Course Objectives:

To identify and treat disorders and injuries of the hand, wrist, elbow. The physicians will have a better working knowledge of wrist arthritis, wrist instability, scaphoid nonunion, elbow fractures and instability, and soft tissue injuries. The therapist will have a better working knowledge of hand, wrist, and elbow anatomy. The therapist will gain advances in techniques for rehabilitation of hand, wrist, and elbow disorders related to fractures and arthritis.

## Surgical Skills:

**Physicians:** Arthroplasty for hand, wrist and elbow. Scaphoid ORIF carpal fusion, and nerve repair, fracture treatment of the hand, wrist and elbow.

## Anatomy Demonstrations:

**Therapists:** Anatomical dissection of the hand, wrist, and elbow. Anatomical demonstrations of the nerves from the brachial plexus to fingers. Splint demonstrations, therapy protocols, and return to play guidelines.

## FACULTY:

**Chris Allan, MD**

University of Washington

**Robert Beckenbaugh, MD**

Mayo Clinic

**Daphne Beignessner, MD**

University of Washington

**Sanjay Desai, MD**

West End Hand Center

**Seth Dodds, MD**

Yale University

**Amit Gupta, MD**

Louisville Arm & Hand

**AJ Lauder, MD**

University of Nebraska

**Donald Lee, MD**

Vanderbilt University

**Sean Nork, MD**

University of Washington

**David Ring, MD**

Massachusetts Hospital

**Joe Slade, MD**

Yale University

**Tom Trumble, MD**

University of Washington

# Hand & Upper Extremity Course

For  
Physicians & Therapists  
May 17, 2008



**UW Medicine**  
ORTHOPAEDICS AND  
SPORTS MEDICINE

[www.orthop.washington.edu](http://www.orthop.washington.edu)

**School of Medicine  
Health Science Building  
1959 NE Pacific Street  
Hogness Auditorium  
4<sup>th</sup> Floor, Room A-420  
Saturday May 17, 2008**



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Department of Orthopaedics & Sports Medicine  
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[tmm3@u.washington.edu](mailto:tmm3@u.washington.edu)

# Parking - Directions

Take I-520 Exit Montlake heading North towards the University and the Husky Stadium. Turn right in front of the stadium. (You will be on a brick surface in front of the stadium gates.) Turn right again and proceed to the gatehouse (Gate #8) tell the parking attendant you have pre-registered parking for the Hand & Upper Extremity Course, they will guide you to park in E-11.

From E-11 cross Montlake Blvd and NE Pacific stay on the sidewalk outside heading west, keep going past the main entrance to the hospital towards the Dentistry and Nursing building. Look for signs and enter the Health Science Building registration tables will be set up in the lobby. 1959 NE Pacific Street Seattle, WA 98105



7:30 – 8:00 Registration & Introduction

8:00 – 11:10 LECTURES

### ARTHRITIS SESSION

Finger Arthritis MCP and PIP Arthroplasty  
 Thumb Basal Joint Arthritis  
 Wrist Degenerative Joint Disease  
 DRUJ Impaction and TFCC Tears  
 DRUJ Arthroplasty  
 Elbow Arthritis  
 Total Elbow Arthroplasty  
 Rheumatoid Arthritis

11:10-1:10 LAB

### CONCURRENT LABS 11:10-1:10

**Physicians:** Arthroplasty for hand, wrist and elbow. Scaphoid ORIF carpal fusion, and nerve repair, fracture treatment of the hand, wrist and elbow.

**Therapists:** Anatomical dissection of the hand, wrist, and elbow. Anatomical demonstrations of the nerves from the brachial plexus to fingers. Splint demonstrations, therapy protocols, and return to play guidelines.

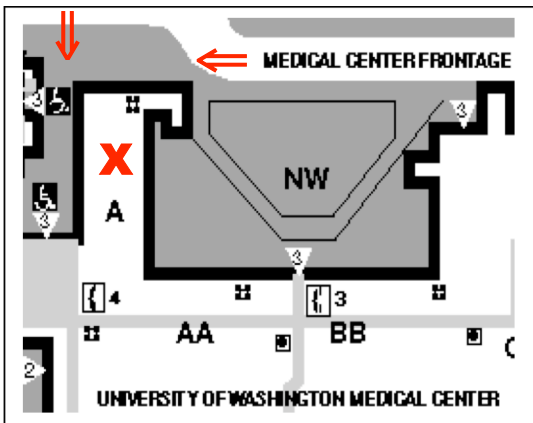
1:10-2:00 LUNCH (will be provided)

2:00-5:10 LECTURES

### FRACTURE & SOFT TISSUE SESSION

Elbow Instability – Coronoid Fractures  
 Soft Tissue Coverage – Hand & Fingers  
 Flexor Tendons  
 Nerve Injury & Repair  
 Rheumatoid Hand  
 Sports Injuries – Hand & Wrist  
 Scaphoid Fractures & Carpal Instability  
 Compressive Neuropathy at Elbow

Questions & Answers  
 Course Evaluations



REGISTRATION	Cost
<input type="checkbox"/> Therapist / PA-C	\$120.00
<input type="checkbox"/> Physician	\$155.00

Please Print Clearly

Name: \_\_\_\_\_

Title: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

Checks should be made out the **University of Washington** and mailed to  
 Tennile Monroe  
 4245 NE Roosevelt Way Box 354743  
 Seattle, WA 98105-4743 **206-598-1879**  
[tnm3@u.washington.edu](mailto:tnm3@u.washington.edu)

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The University of Washington School of Medicine designates this educational activity for a maximum of **8.25 AMA PRA Category 1 Credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

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